



INCLUSIVE DESIGN: RESOURCES FOR A SOCIAL T-SHIRT MO-DEL FOR PEOPLE WITH VISUAL IMPAIRMENT

Jailson Oliveira Sousa¹

Dulce Maria Holanda Maciel²

Icléia Silveira³

Ana Carolina Martins Prado⁴

¹ Master's degree in Clothing Design and Fashion from the Postgraduate Program in Fashion at Udesc - Santa Catarina State University. Lattes: http://lattes.cnpq.br/8722729581428263 Orcid: https://orcid.org/0000-0002-9783-1585 Email: jailson.designmoda@outlook.com

² PhD in Production Engineering with emphasis on Design Management, Ergonomics, and Environment, from the Federal University of Santa Catarina - UFSC, Professor at the Postgraduate Program in Clothing Design and Fashion - PPGMODA at Udesc. Lattes: http://lattes.cnpq.br/4018987357297369 Orcid: https://orcid.org/0000-0002-0602-0198 Email: dulceholanda@gmail.com

³ PhD in Design from the Pontifical Catholic University of Rio de Janeiro (PUC-Rio), Associate Professor at the Postgraduate Program in Clothing Design and Fashion - PPGMODA at Udesc. Lattes: http://lattes.cnpq.br/7917562140074797 Orcid: https://orcid.org/0000-0003-4493-9768 Email: icleiasilveira@gmail.com

⁴ Translator (Portuguese to English) Ana Carolina Martins Prado, Bachelor's degree in Journalism (2017) from the Higher Education Center of Maringá, CESUMAR, Master's degree in Clothing Design and Fashion - PPG-MODA UDESC. Email: anamartinsprado@gmail.com Lattes: http://lattes.cnpq.br/2965570357130764

INCLUSIVE DESIGN



1 INTRODUÇÃO

This article is the result of the conclusion of the Innovation and Textile Materials discipline studied in the PPGModa UDESC master's program, taught by Professor Dulce Maria Holanda Maciel. The study focuses on project planning in the development of a dress shirt for visually impaired individuals. To achieve this, the context and universe of visually impaired individuals were sought to be understood. Thus, it is observed that designers need to be concerned with the inclusive participation of people with functional differences in society, which aligns with Universal Design.

The inclusion concept used for this research is based on the principles of universal design and inclusive design, as it is necessary when designing a solution to consider it to serve the largest number of users possible, that is, to think about universality. In the specific case of clothing for visually impaired people, specialized solutions and the message present in the garment must be realized in the structural form of clothing design, in the colors, in the tactile textures of the fabric, to allow for sensory experiences, and mainly in the information contained in the labels, such as writing in braille (PEREIRA, 2016).

It was also observed that the fashion industry does not seem to be concerned with serving the visually impaired public, which is evident in the planning and development of their products, as they do not present inclusive characteristics or resources. However, according to SBVC - Brazilian Retail and Consumption Society (2019), consumers with disabilities generate around R\$ 5.5 billion annually, yet a large part of the industry simply ignores this public. Also, according to SBVC (2019), among the most consumed goods by people with disabilities, electronics and home appliances are in first place, and clothing, accessories, and footwear are in second place in the ranking, with 73%.

Therefore, the objective of this research is to identify and define assistive resources that can be applied to a dress shirt to make this clothing item more inclusive for visually impaired people. Regarding the methodological procedures, this research is classified as basic and applied in nature, qualitative in its singularity, and descriptive in relation to its objectives. This research was developed from the combination of design methodologies, resulting in a hybrid methodology.

The design methodologies used for the development of this research were based on the design methodologies proposed by authors Baxter (2011), Lobach (2001), and Bonsiepe (1984), as well as the fashion methodology of Montemezzo (2003). Thus, the design criteria for the development of the research were listed.

2 DEVELOPMENT

According to the last census conducted by the Brazilian Institute of Geography

INCLUSIVE DESIGN



and Statistics (IBGE) in 2010, Brazil (BR) has approximately 6.5 million people with some form of visual impairment. This is a considerable number, as it represents about one-fifth of the Brazilian population, that is, 18.7% (IBGE, 2010). Data from the World Health Organization (WHO) indicate that around 39 million people are totally blind in the world, with 285 million having severe limitations, and that 1 to 2 million new cases of blindness arise every year (UN, 2013).

According to Grepi (2020), in a report published on the USP Journal website, studies conducted by researchers from USP indicate that by 2050 the forecast is for there to be around 61 million blind people worldwide, 474 million will have moderate to severe visual impairment, 360 million will have mild visual impairment, and 866 million will have uncorrected presbyopia. The studies were published by The Lancet Global Health. According to Silva (2017), blindness or total loss of vision can be acquired or congenital, or it can also be derived from various other problems.

The concepts of universal design and inclusive design must first be elucidated, as they are easily confused. Universal design, when applied to a project, aims to maximize its use, making it useful to as many people as possible, regardless of their physical and intellectual abilities. Thus, universal design does not aim to design specifically for people with disabilities, but rather to design with universality in mind (CRUZ, 2010). Therefore, designers need to apply universality in their creations in order to add significant quality to their product. From the perspective of inclusive design, this consists of putting people first, that is, designing specifically for people with disabilities. The evolution of inclusive design became relevant in several countries from the 1950s onwards with the "barrier-free" movement (CRUZ, 2010). Inclusive products should have wide applicability in situations of physical or psychological limitations, considering that the boundary between a diagnosed normal health state and a health problem is minimal.

According to Santos (2011), the body of a person with a disability generally undergoes alterations due to different forms of locomotion, with the body being the support for clothing and needing to present differentiated aspects to meet the needs of these consumers. Sousa (2023) considers that visually impaired individuals can be considered a normally forgotten segment of consumers. Schneider (2017) discusses the importance of retail enterprise managers dedicating efforts to training employees to deal with the different needs of people with disabilities.

For Bononi (2016, p. 51), "People with disabilities also need to express their identity, have access to fashion, learn how to dress appropriately, and feel like active members of society." Therefore, based on the design methodologies of the authors presented earlier, a hybrid methodology was established with the aim of assisting the designer in creating and selecting elements of inclusive design to be applied to the shirt. The develo-

ARTES MODA DESIGN

INCLUSIVE DESIGN

ped hybrid methodology aims to assist so that the process can be developed by following the proposed stages and actions.

3 CONCLUSION

With the data obtained, the context and concept of inclusive aspects were then worked on, and it was possible to list the assistive resources to plan a clothing product designed and planned for visually impaired people, thus working on inclusion in fashion. The result obtained shows that with the development of the hybrid design method, it was possible to outline a path in which the needs, demands, and desires of visually impaired people were identified, and the possibility of working on the inclusion of visually impaired people in fashion was also observed, as the professional, in his development process, is attentive to the needs of visually impaired people.

Therefore, it was possible to consider braille resources, which consist of identifying information about the product, in addition to this information being obtainable through QR codes for audio description about the product, and also relief resources that can be felt and interpreted through touch. For the market to serve this public and expand the consumer target audience of brands in economic terms, as well as social issues, in addition to promoting inclusion, promotes interaction with society on a broader level.

REFERENCES

ANDRADE, Marina Ramos de; NAKA, Pâmela Yumi. **Design Inclusivo:** Independência a deficientes visuais. Trabalho de Conclusão de Curso. Universidade Tecnológica Federal do Paraná. Apucarana, 2014.

ASLAKSEN, F. et al. **Universal design:** planning and design for all (1997). GLADNET Collection. Paper 327. The Norwegian State Council on Disability, Oslo, 1997. Disponível em: https://www.independentliving.org/docs1/nscd1997. Acesso em: 3 jul. 2022.

BAXTER, Mike. **Projeto de produto:** guia prático para o design de novos produtos*. 3. ed. São Paulo: E. Blucher, 2011.

BEST, J. W. Como investigar em educación. 2. ed. Madri: Morata, 1972.

BONSIEPE, G. et al. **Metodologia Experimental:** Desenho Industrial*. Brasília: CNPq/Coordenação Editorial, 1984. 96p.

BONONI, Juliana. **Design do vestuário infantil:** as texturas como experiência tátil para crianças deficientes visuais. 2016. 148 f. Dissertação (Mestrado) - Curso de Pós-Graduação em Design, Faculdade de Arquitetura, Artes e Comunicação da Universidade Estadual

ARTES MODA DESIGN

INCLUSIVE DESIGN

Paulista, Universidade Estadual Paulista, Bauru, 2016.

BRASIL, Casa Civil. **Decreto n. 5.296 de 2 de dezembro de 2004**. Disponível em: https://encurtador.com.br/dpuDKAcesso em 28 de set. 2023.

ALVARENGA, F. B. Uma abordagem metodológica para o projeto de produtos inclusivos. Campinas, 2006. Tese (Doutorado em Engenharia Mecânica) – Universidade Estadual de Campinas.

CONDE, A. J. M. **Definição de cegueira e baixa visão.** 2017. Disponível em: https://bit. ly/3DY567Q. Acesso em: 09 maio 2020.

CHIZZOTTI, Antônio. **Pesquisas em ciências humanas e sociais.** 11. ed. São Paulo: Cortez, 2014a.

CRUZ, Vanessa Carla Duarte Santos. **Projeto e Desenvolvimento de uma Ajuda Técnica numa Perspectiva de Design Inclusivo.** Covilhã, 2010.

FERREIRA, Thais Cavalcante Albuquerque; MENDES, Francisca Raimunda Nogueira. Design inclusivo para a moda percepções sobre a roupa para mulheres com deficiência. In: 11º Colóquio de Moda – 8ª Edição Internacional 2º Congresso Brasileiro de Iniciação Científica em Design e Moda, 2015.

GRUBER et al. **Design universal do vestuário.** Ergo Designe. 2014.

GREPI, Giovanna. **Cegueira e deficiência visual devem dobrar até 2050.** 2020. Disponível em: https://jornal.usp.br/ciencias/cegueira-e-deficiencia-visual-devem-dobrar-ate-2050-aponta-estudo/. Acesso em: 31 ago. 2023.

IBGE. Instituto Brasileiro de Geografia e Estatística. **Censo Demográfico 2010.** Rio de Janeiro: Disponível em: https://bit.ly/3mWmYZf. Acesso em: 8 set. 2021.

INSTITUTO BENJAMIN CONSTANT. **Centro de Educação a Distância.** Disponível em:https://educapes.capes.gov.br/bitstream/capes/597835/2/FER%20DV%20UNIDADE%202.pdf Acesso em 28 de ago. de 2022.

LÖBACH, Bernad. **Design Industrial:** Bases para a configuração dos produtos industriais*. São Paulo: Blucher, 2001. 206 p.

MODA INCLUSIVE DESIGN



MACHADO, A. M. R. Surdez e Acessibilidade na Moda Inclusiva. In: **Colóquio de moda**, Caxias do Sul. Anais... Caxias do Sul: Brasil. 13 p 2014.

MARCONI, Marina de Andrade; LAKATOS, Eva Maria. **Técnicas de pesquisa:** planejamento e execução de pesquisas, amostragens e técnicas de pesquisa, elaboração, análise e interpretação de dados. 8. ed. São Paulo: Atlas, 2018. 312 p. ISBN 9788597012811 (broch).

MAFFEI, M. T. A. **O** produto de moda para o portador de deficiência física: Análise de desconforto. São Paulo, 2010.

MEC - Ministério da Educação. **MEC quer ampliar literatura em Braille nas escolas.** 2018. Disponível em: http://portal.mec.gov.br/component/tags/tag/braille. Acesso em: 28 ago. 2023.

MONTEMEZZO, M. C. F. S. **Diretrizes metodológicas para o projeto de produtos de moda no âmbito acadêmico.** 2003. Dissertação (Mestrado em Desenho Industrial) – Faculdade de Arquitetura, Artes e Comunicação, Universidade Estadual Paulista, Bauru, 2003.

PEREIRA, Livia Marsari. A programação visual no processo de desenvolvimento de produto de moda: uma proposta didática para o ensino superior. 2016. 302 f. Tese (Doutorado) - Curso de Pós-Graduação em Design, Universidade Estadual Paulista Faculdade de Arquitetura, Artes e Comunicação, Bauru, 2016. Cap. 9. Disponível em: https://encurtador.com.br/fyBKPAcesso em: 29 ago. 2023.

SANTOS, D. F. R. **Desenvolvimento de produto i-lingerie:** lingerie para mulheres cadeirantes. Fortaleza, 2011. 123p. TCC (Trabalho de Conclusão de Curso) Universidade Federal do Ceará, Instituto de Cultura e Arte, Fortaleza, 2011.

SBVC. Estudo **O Varejo e o Consumidor com algum tipo de deficiência física**. 2019. Disponível em: https://sbvc.com.br/estudo-o-varejo-e-o-consumidor-com-algum-tipo-de-deficiencia-fisica/. Acesso em: 28 ago. 2023.

SIMÕES, Jorge Falcato; BISPO, Renato. **Design Inclusivo:** acessibilidade e usabilidade em produtos, serviços e ambientes. Manual de apoio às ações de formação do projeto de Design Inc. 2006.

SOUSA, Jailson Oliveira. Guia para a acessibilidade de deficiente visual em loja de



INCLUSIVE DESIGN

varejo de vestuário. 2023. 180 f. Dissertação (Mestrado) - Curso de Design do Vestuário e Moda, Ceart, Universidade do Estado de Santa Catarina, Florianópolis, 2023. Cap. 6. Disponível em: https://encurtador.com.br/eyBN3Acesso em: 29 ago. 2023.

STORY, Molly Follette. **Principles of universal design.** In: PREISER, Wolfgang F. E.; SMI-TH, Korydon H. Universal design handboook, 2^a ed, McGraw-Hill, 2011.

SILVA, Kelly Renata Lopes. **Desenvolvimento de etiqueta em braille, visando a auto- nomia e inclusão social de deficientes visuais.** Trabalho de conclusão de curso (TCC) Apucarana. Universidade Tecnológica Federal do Paraná, 2017.

SCHNEIDER, Jéssica et al. Etiquetas têxteis em braille: uma tecnologia assistiva a serviço da interação dos deficientes visuais com a moda e o vestuário. **Estudos em Design,** Rio de Janeiro, v. 25, n. 1, p. 65-85, 2017. Disponível em: https://bit.ly/3hkKygf. Acesso em: 8 set. 2021.

MARCONI, Marina de Andrade; LAKATOS, Eva Maria. **Técnicas de pesquisa:** planejamento e execução de pesquisas, amostragens e técnicas de pesquisa, elaboração, análise e interpretação de dados. 8. ed. São Paulo: Atlas, 2018. 312 p. ISBN 9788597012811 (broch).

2022.